

Keynote Address

DIAGNOSIS AND HEALING OF ENERGETIC DISEASES

Grandmaster Mingtang Xu

ABSTRACT

Mingtang Xu introduces his system of healing, diagnosis and treatment, and also its context within the Taoist cosmological view. He discusses his 15-year ongoing research with treatment of cancer and the process of constantly refining his protocols. This includes inner sight and changes over healing sessions.¹⁻³

KEYWORDS: Healing, energetic diseases, energy healing, Tao, Qi

Good Evening. When I don't know what to say, I listen to my heart. Do you know what my heart is saying? It's beating very quickly. My heart says that in front of me are so many specialists, doctors and various healers. You know much more than I do. If you ask me some questions that I don't know the answer to, I will ask my heart again. My heart will tell me, "Don't worry, you only need to tell them one thing." What's that, I ask? "Just say, 'I don't know.'"

The topic tonight is energy diagnosis and healing of energetic diseases. We are talking about energy, sometimes too much energy. I tried to write something earlier, and sadly, I found I had too much energy. I am really very nervous. If I start to feel too nervous, I will ask you questions instead of you asking me questions. What is energy? What is Qi? This is ISSSEEM, Subtle Energies and Energy Medicine, so I ask you the question. What is energy? Electricity? In China, scientists have spent 40 years trying to discover what energy is. They failed. Why? At this point in time, there is no technology, which can definitely define what energy is.

Do you know somebody who can prove that energy exists? I know that one plus one equals three. Is that right? No. Tell me, in which situation is this right? When I was in school, I asked the teacher, in which situation is one plus one equal to three? The teacher said in a wrong situation. Right. It is the wrong situation if we get three when trying to find one plus one. Similarly, when we try to prove the existence of energy by going about it the wrong way, we cannot get there. We have spent so many years trying to prove the existence of energy and, at least on the scientific front, we have not yet been successful.

If I emit energy from my palm, scientists have found that my palm becomes hot, and they can measure the infrared light emitted from it. If you drink a lot of liquor, you will also have strong heat in your palm without needing to emit energy. We still cannot prove or measure energy in this way.

When we speak of energy or energy medicine. How can we really understand this concept of energy? Let's try to find the root where Qi comes from. From this we may come to a deeper understanding of what energy is. Oftentimes, if I don't understand a concept, then I will ask someone for several examples. In hearing numerous examples, I begin to get a better understanding. If you

give me examples, I will understand better. Even better, if you allow me to feel or experience something, I can truly begin to understand it. If you say: “Look, this is energy. Can you see it?” If I can see it, then I believe that it is real, but with energy, most of us cannot do that. Maybe later we can do it; I need to ask my heart.

EXTERNAL ENERGY INFLUENCES ON HEALTH

What is Qi in traditional Chinese culture? In Chinese culture Qi, or energy is viewed differently than how we understand it here. Air—what we breathe, inhale, and exhale, we call this Qi. We breathe Qi. When somebody dies do you know what we call this in Chinese? We say, *mei chi le*, literally meaning “no energy,” or “his energy expired.” When your energy leaves your body you die. When we don’t breathe, we die. Air is a form of Qi.

Now, let’s hear another word. This word is for the atmosphere around the earth. In Chinese we call this *Da Qi*, which means big Qi. We call this Qi also. Around our body, the aura is referred to as Qi as well. We call this *Wei Qi*. When we talk about energy healing do we think about the atmosphere? We know that the atmosphere can strongly influence our health. If there is a hole somewhere in the earth’s atmosphere, that region will have a higher prevalence of skin cancer. Similarly, when the energy is gone from a part of our body, we have disease.

In Chinese culture we have another concept, climate. Climate is also a form of Qi. We call it *Qi Hou*, literally meaning the energy at a certain place in time. We have different kinds of climates. Do we feel that climate can strongly influence our health, influence our life? Qi, and in this case talking about “climate qi” is everywhere and is connected with spirit, consciousness or mind. The climate strongly influences our health. Yet when we consider our health, or improving our health, we often don’t consider the climate. When I returned to Seattle about four weeks ago from Russia and Eastern Europe, I spoke very loud. My students were scared. Why do you have such a temper? I said that I have no temper. After one week in Seattle, I had no energy to speak loudly. My fire decreased because every week in Seattle we get five days of rain. Too

much rain, too much *Yin* energy, everybody feels so polite, so soft. I asked some people why I don't see people arguing or yelling in the street? I have never seen this situation there because Seattle people are very kind. They don't have too much fire. They have too much *Yin* energy.

I found that this leads to another more negative phenomenon. They have a lot of depression. If we have too much *Yin* energy, we are not so excited. When our mind, or our *Shen* is always in a state of non-excitement, we can get depression. In Seattle, I have so many clients who are depressed. In China and Russia, maybe with help from vodka, I still haven't met a patient who has depression. So, climate can really influence our physical and mental health. We know that.

Another concept is *Tian Qi* or sky energy. What is sky energy? In English, it translates to weather. Weather is energy. We call this sky energy. Now, we know weather can influence not only our health but also our emotions. If the sun is shining, everybody feels so nice and goes outside. If it is cloudy and raining, people don't want to move. They want to stay at home, maybe even feeling sad. In Chinese medicine, we use weather to change our physical health. We use the weather to treat our disease.

Example: I have a few friends who have asthma. When they moved to California to live, they told me their asthma was gone. That is because of the hot and dry weather. The weather helped to improve their health. One of my clients had high blood pressure in Moscow. When she moved to Spain, she could not understand why her high blood pressure was gone. It was because of the change in weather. That means energy influences our health.

When we study energy, let's not only study our internal energy. Our internal energy is influenced very easily by external energy. The sky energy can strongly influence our internal energy. If we don't pay attention to the sky energy, I am sure we cannot understand the real essence of energy. If we study energy or energy medicine, we need to consider the larger concept of energy, not only the energy inside the body. *Hu* energy, external energy, also influences our life. Traditional Chinese culture has many terms that describe how external energy influences our life. We need to use our scientific knowledge to try to understand how external energy influences our health.

In the last 40 years, there has been more and more scientific research touching on the topic of energy. Maybe we still cannot prove what the energy is, but we can prove the effect of energy. Sometimes we cannot understand a concept in a scientific way, but we can use a natural way to understand it.

Earlier in the afternoon workshop, I asked the students “What is water?” A scientist said, “I know, it’s H₂O.” I ask children, “Do you know what water is?” They say, “I don’t know. If you want water I can give you a cup of water.” What is the right answer? We don’t know what water is; we just gave it a name. Who am I? I don’t know myself. My father gave me a name, Mingtang. My father gave a name to this body. So what is a name?

If we really want to understand what water is, we need to experience it. If we really want to understand what energy is, we need to experience it. If I give you energy, show you energy, let you experience energy that is better than using equipment to prove the existence of energy. I certainly hope we find good equipment that can measure and tell us more about energy. We would like to have that. Yet, up to now, I have never seen this. Maybe somebody will create such equipment. I would really appreciate it, so I can work with better equipment to prove I have energy. (Laughter)

Why do you laugh? Because you are happy!

ENERGY IN HERBAL MEDICINE

Energy is a huge concept. If we talk about our internal energy in the context of Chinese medicine there are many more concepts. When we talk about the heart, we say heart qi. When we talk about the liver, we also say liver qi. If there is too much *Yang* energy inside the heart, we say there is heart fire. When we are talking about a disease of the kidneys, we say the kidney energy is low. We can say *Yin* energy is low in the kidneys, or *Yang* energy is low. If you read Chinese medical books you will see there are so many terms, which connect with Qi, even in relation to herbs.

For any herb, there are four characters to describe it: *Xing, Wei, Gui Jing*. Knowing these four words is enough to understand Chinese herbal medicine.

Originally, there was no laboratory work or consideration of the chemical ingredients. Now this type of work has been undertaken, and I am not sure that it is a good idea. Let's not forget these four words.

The first word, *Xing*, means nature. What is the nature of the herb? When we are talking about life, we are also talking about the nature of life. What is the nature of human beings? Do you understand the nature of human beings? Do you understand the nature of a dog? When we look at an herb, we need to understand the herb's, the plant's nature. Healing is connected with the nature of the herb; we use the nature to improve our health. We don't use the chemical components of the herb. That is modern research. In ancient times, the ingredients of the herb were not considered. We used the herb's nature to describe it.

Where the herb grows, in shadow or sunshine, affects its nature. If an herb grows under the sunshine, it will have more *Yang* energy. If an herb grows in the shadows, on the North side of the mountain, and never receives sunshine, it has *Yin* energy. The herb's character is *Yin*, like in Seattle where we don't see much sunshine. This is why we are soft and quiet.

Second, *Wei*, if we want to understand an herb we don't need to go to the laboratory. What do we need to know? Take the herb and put it in your mouth. Sweet? No. Is it bitter or sour? We get the taste. From the taste we know what the herb is, and also from the taste we know how the herb can help us. If you know the Five Elements theory, you know, for example, that liver likes sour flavor. If an herb has a sour taste, you can tell that it will help the liver.

Third, *Gui Jing*, means energy, which energy channel this herb will go through. We have the liver channels, the kidney channels and many other channels. If you eat the herb, you can feel the energy flow in your body change; you can feel which channel it affects. You taste it; you test it. Wow, it goes to my heart!

Herbal medicine is energy medicine. It is not ingredients. It is not nutrition. It is not microelements. It is not something else. It is based on energy, based on nature. To put it simply the herb's nature is its spirit, the spirit of the herb.

Its taste is its material substance. Its energy relates to which channel it affects and how it affects energy flow. If we want to understand an herb, we need to understand its nature or spirit. We need to understand the herbs energy. We need to understand the taste or substance. We need to eat it, to get the taste.

Energy is not a new concept; Qi is a tradition not only in Chinese culture but in medicine as well. It has a long history. Any questions? No questions.

ENERGETIC INFLUENCE ON DNA

Now let's review some research work. Certainly, we know there is energy. Also, we know that energy influences our health, but we want to know the magnitude of the influence. We want to know how strong it is. Can we imagine how strongly energy can influence our body? Can you imagine that? Well, we know energy can improve our health, that is strong enough.

These pictures (Figure 1 and 2) were published earlier this year, two months ago in a Russian newspaper. A Chinese doctor who lives in Russia led this research work. I met him in China at a conference. This article (Figure 3) is about his research work into how energy influences life. He used the energy of a duck to influence chicken eggs. After 21 days the egg broke and the chicken came out, but because of the 21-day influence from Duck energy, the chicken changed. Can you see? This chicken here looks like a duck, not completely like a duck, but similar. It is half chicken, half duck. This means that energy can change DNA.

His method was to house the duck away from the chicken eggs and to use equipment to send energy to where the eggs were housed. This caused drastic changes in the eggs. He also used corn to influence wheat. This is a picture of wheat (Figure 2), but it is much larger than normal wheat because of the influence of corn energy. The taste even changed. He also did experiments using tomatoes to influence cucumbers. The cucumber ended up with the taste of a tomato. This kind of research work is also going on now in China.

Three or four years ago when I was in Albuquerque at a conference, an American scientist gave a report about similar research going on in the U.S.



Figure 1. Chichen influenced by Duck energy.



Figure 2. Left: Wheat influenced by corn energy. Right: Chicken foot developed while under influence of duck energy.

Energy can strongly influence physical structure, *Jing*. We can see, in nature, where weather or climate is different, organisms are also different. For example, oranges grown in one location taste very sweet. If we plant the same tree in another place, with different weather, the taste will change. This we know. Energy can strongly influence life.

EXPERIENCING ENERGY

We long to experience what energy is. Generally people can feel energy, but they ignore it. Can you feel energy? How do you feel energy? Many people here practice energy healing, and energy diagnosis, so we need to feel energy. If we cannot feel where in the patient's body the energy is unhealthy, we cannot heal well. How do you feel energy? Do you ask your heart, like me, or do you use another way? Using your senses? Good.

How does energy feel? Warm? There are many different kinds of energy sensations, right? I am sure you can feel energy very well. Now, let's do a

small experiment. We will use our hands to feel energy. Certainly, we can use another part of the body, but let's first use our hands to feel energy. In order to feel it better, raise your hand, whichever is more sensitive, left or right. Face it towards me. I will send out energy, and you will tell me what you feel.

Do you feel the energy? Keep your hand up, and I will send you energy in another way. This time I will send not only energy but also something else, and you can tell me the difference. Do you feel wind? No? Do you feel like you can touch it? You feel that, right? It is not slowly, but very quickly passing through your hands, because I sent the energy suddenly. If I send it slowly, it feels different. Our hands have this ability to feel energy, but usually we ignore it. We do not use it. If we train our hands, they become sensitive. The sensations become much stronger and more distinct. It is not only our hands that can feel energy, but other parts of our body as well.

Many of you have asked me, "Could you help me to develop my third eye? I want to see." Now let's see. Maybe somebody can improve the function of his or her third eye. I will use my energy to touch your third eye. I am sure that you will have very strong feelings. I will use this pen to send energy to your third eye. Relax. If you relax, it will be easier to feel. Okay, feel that spot, your third eye.

Okay. Whoever felt pressure, raise your hand. Good. A lot of you felt pressure. When I send you energy, that energy acts on your body, and you can feel it. This is Qi, the subtle energy that we would like to research and study. We can send this with our hands.

COMMON ENERGY DISEASES

We know that there are so many different types of energies in the universe. In energy healing we have to combine our own energy with the energy of nature, the universal energy, and use them to regulate energy problems. There are so many energy problems that we can use energy to improve. Let's look at a few examples from my own experience.

I have had a lot of patients who have pain problems after trauma, physical or emotional trauma. Many years after the original trauma they still feel pain. The MRI shows that there is nothing wrong. They have no physical problem, but still have pain. If we check these people energetically, we find that one of their energy channels has been destroyed. When I check the patients energetically, I often find this.

To fix the problem, we need to use our hands to send a current to this channel, to restore Qi flow, and then the pain will be gone. Maybe 50% of my patients have these kinds of problems. Often these clients received many years, even 30 years, of conventional treatment without success, but with energy healing after only a few or even one treatment, they can fully recover. We can get perfect results with these kinds of problems.

What about other conditions? Do you know about sleep apnea? The common medical diagnosis is that it is caused by physically weak throat muscles. One common treatment is surgery. In my research, we have found this is an energetic disease, and it doesn't require surgery. When you have no energy, your muscles are weak, right? We can use energy to strengthen muscles. With sleep apnea patients, after a few treatments, they can sleep without a CPAP—the equipment that helps them to breathe. It is very effective.

Similarly, we know there are a lot of children with heart muscles that do not fully close. The muscles are too weak, so the blood can easily flow into the wrong chamber. I don't know the medical term of this disease (perhaps Atrial Septal Defect). With energy diagnosis, we have found that in this condition, too little energy is going into the heart.

In Germany, I met Haviar Sidell in November of last year. While I was there I had one patient, a boy. His fingers were dark, and in 15 days he was to have surgery on his heart because of this disease. His grandmother brought him to me only once for a diagnosis. I found the cause, where energy was blocked. I treated him one time, and I showed his grandmother how to continue giving him treatment. After about ten days, when I was teaching at a retreat in another city, the grandmother came to me and told me, "We don't need to have surgery." What? "He improved, he runs and plays." Then she brought him for treatment again, and I found his condition was greatly improved.

Certainly, I have many more examples of success with this condition. Most cases require more than two treatments, but they can recover without surgery. I have also dealt with this condition in Seattle. There was a girl who had the same problem; before treatment, she couldn't run and play. After the healing, she could run. In Russia and in China, I have had the same success.

This condition is like sleep apnea, because the muscles are weak. When the muscle is weak, it may not be a problem with the muscle. The problem may be that the energy going to the muscle is blocked. In this case, we have perfect results.

Now there are more and more people who have prostatitis, prostate problems, where they need to go to the bathroom many times throughout the night. It disturbs their life because they cannot control their bladder. This is a prostate problem, but medication does not help very much. With energy healing or image therapy, we give a guarantee, almost 100%. I like to say 100%; for chronic fatigue syndrome we had a 100% success rate for some time. When I moved to Seattle, the first four chronic fatigue patients recovered. I was so glad that I published this on the website. We gave a 100% guarantee. Then when I was in Germany, I met another person who after ten treatments was still very, very tired. I said okay, now I cannot say 100% guarantee. With Prostatitis, however, at this time, everyone I have treated has recovered.

Prostatitis is also an energy problem. If we open the channel and let the Qi flow through the prostate, the function of the prostate is restored. It works better. When we feel tired, we don't want to move. We want to sleep. When your prostate is tired, it just lies there. It doesn't want to work, so with only a little bit of pressure from the bladder, the prostate lets go. It is too weak to contract.

Asthma, from the conventional point of view, is believed to be a lung problem or something else. I don't know, but I know we can cure it. From an energy point of view, it is a cold energy problem. More than 80% of asthma patients will recover after 8-12 healing treatments. We remove the cold energy from the lungs, and then they can completely recover.

Last one. There are so many examples. Here, I'll only give a few examples. It doesn't matter if you are a man or woman, a lady or a gentleman, everybody

is afraid of a heart attack. I was told by a professor that heart attacks are the number one killer of human beings. Sadly, many people die from heart attacks. Do we have good results from energy healing with heart attack patients?

As with diabetes, before a heart attack occurs, we can tell if there is danger, if you are at risk. There are some very strong signs. Even from something as simple as looking at a person's face, we can tell if s/he is at risk. With our third eye, we can certainly see inside the heart. After a heart attack, the heart can last a few days. Usually it depends on if the person is hospitalized and if s/he received immediate treatment. If the person survives, s/he is lucky, but even so, s/he will have symptoms from the heart attack. The EKG can show this, right? Yes. With energy healing, we have been very successful. After a few energy treatments these symptoms are gone. The EKG is normal.

About two months ago, a Ukrainian businessman told me that in two or three weeks he was going to have heart surgery. They will put something in to open a clogged artery. (He is talking here about an angioplasty stent). He said it was 90% closed, so it was already very dangerous for him. It cost \$8,000 for the equipment, plus surgery fees and other fees. I treated him four times and then asked him to go back to the hospital to get an EKG. During an evening seminar, he returned and said, "The doctor was surprised, the EKG was perfect. The doctor said, 'We don't believe it. We need to check again in two months.'" They cancelled the surgery but they still needed to see if the artery was still closed or not.

When I was in Seattle, one day I checked my e-mail and found that he no longer needed surgery, and he had donated \$10,000 to my foundation. His heart had recovered completely. He had prepared the money for his surgery, and since he didn't it anymore, he thought it was better to donate it. I said thank you. If you can add one zero, it would be much better.

THIRD EYE DIAGNOSIS

Earlier tonight, I was asked to introduce a little bit about my cancer research and how energy healing is connected to cancer. I would like to describe what

I can see—other worlds, the underworld, ghosts, God, or what is inside of bodies, but I am afraid of how you might understand that. Let's do some small experiments that may help you to understand. If I open my third eye, I can see many things.

If I look in this way, I see your aura around your head. Everybody has an aura. This is also energy. There is an atmosphere around the earth which we can see. Around our bodies there is an aura that we can see. Do you want to see this? You want to see it. Let me find the place in here where it is easiest to see it. Near the wall, can you stand up? Okay, get closer to the wall. Stand there and don't move. Let me see. Okay, good. Very well. Okay, look around his head.

Activate your eyes abilities to see the aura. Listen to me. Fix your eyeballs, don't move them and wait. Fix your eyeballs and look at the wall around his head, not at the head itself. See his aura. If you move your eyes, you will see nothing. Fix them. Don't move. No thinking. Quiet your mind. You will see his aura. Around the head did you see it? Four inches? What color? Yellow? Red? Most people are a light yellow color. This is our healthy color. If someone gets sick, there will be other colors. Sit down please, thank you very much. That is how you use your common eye to see an aura.

Let's see if I can get you to see the internal organs. I will try to describe this. When I use the third eye to look at a disease, I calm my mind, and sit quietly, without thinking and without my eyes moving. At that moment, I am empty. Then I get the images, I get a picture. The picture shows me your health condition.

If for example, I look at your brain, if I see the veins with a red color, like fresh blood, I will tell you that you have high blood pressure. Certainly, I didn't know that it was called high blood pressure when I first saw it—that came with experience. Before I would tell you, "Wow, inside your brain the vessels are bigger, thicker, and bleeding," and my patients would get scared. They would tell me that they don't have that problem, but they do have high blood pressure. Next time when I see someone else with the same symptoms, for me the same pictures, I would say you have high blood pressure. They

say, you are so great; you know I have high blood pressure! I don't know, certainly. I just know what I see.

For example, in Seattle, three years ago, a medical doctor sent one of his complicated patients to me and asked me to help him. The patient just finished having a full examination with medical doctors, and he came to me and said, "I want you to help me with my heartburn." He had a lot of heartburn. My way is, you can tell me what you like about your condition, but I will still do what I like. I looked at him and said, "Heartburn is not your problem." He asked why not? Your problem is that inside your lungs there is some bad stuff. I saw some kind of material substance in his lungs. He said, "I have no lung problems. Of all of my organs, my lungs have the least problems." I said, "You do have a lung problem." We argued.

After two days he said, he had started to cough. "I tell you, I don't have a lung problem because I have been examined by the equipment. They saw the lungs and said there is no problem." They also checked his stomach, put a tube inside and looked. He insisted that there were no problems with his lungs.

After two days, he asked, "Could you help me. Maybe I caught a cold. I am coughing." Okay, I gave him some herbs for the cough, and they didn't help. After a few days, he went to the doctors. He came back and said, "I'm coughing too much, the doctor gave me a very strong medication to stop the coughing, but it doesn't help."

In the following month, the cough became terribly worse. The doctor had to take another X-ray, and then they found the bad stuff in his lungs. He said, "You were the first guy that saw this bad stuff in my lungs, one month before I was diagnosed." The explanation was that during the exam, when they put a tube in his stomach to examine his heartburn, some stuff from the stomach got into the lungs.

Since then he has come to me every year. This year I almost cried because he held my hand and said, "Mingtang, in these last four years, it is you who saved my life, otherwise I would have died." Do you know what kind of diseases he had? He had a heart attack, prostatitis, heartburn, diabetes, high blood pressure and blood disease. He said, "Now every year with your help my health

in general improves.” This is a situation where I saw the problem, and the patient insists, no. If I am not sure, I will say, “You are right, I don’t see it,” but I was sure so I insisted, you do have this problem. Later it was proven. The third eye can really let us see inside the organs.

Not only can we see the physical material, we can also see the energy. Around the liver we have green colors, fresh green colors. This is the right energy for the liver. If this green light moves to other parts of the body, for example if this green light moves to our brain, we will have the risk of stroke. Once green colored energy moves to your brain, be careful, a stroke can happen very soon. Before the stroke occurs, we need to move the green energy out of the brain and let it return to the liver. Energy healing from this point of view is regulating the light energy of our organs, keeping it in its natural place.

CANCER RESEARCH

A few words about cancer research, somebody asked about that. I have spent many years researching cancer. I am sure that I can heal heart attacks, heart disease and throat disease very well. With cancer, I don’t have any guarantees. We have some good results, but really I cannot tell a patient not to worry. Even a few days ago, there was one cancer patient who was being treated at Stanford University. She came to Seattle with a cancer marker of 174. Do you know that term? They call it a cancer marker.

Before she came to me for healing, she would get tested for her cancer marker every week. After four treatments with me, she returned home and the next day got another test. Her cancer marker was 132. It decreased quickly, but I cannot say I can cure cancer. I have announced before, if I find a simple way to cure cancer I will publish it at once to let everybody know about it, not to make money. This is my wish, maybe God can help me, give me this method, and I will tell everybody.

At this time, the final result of my cancer research is that cancer is caused by the influence of some very small organisms; I call them bio-life. They are even smaller than a virus because for many years I never saw them. One day I thought why don’t I amplify my view (with my 3rd eye) to see what is wrong,

what is different inside a cancerous organ? Then I found some very active organisms, like the AIDS virus.

With my third eye, the AIDS virus looks like very small red spots. The virus in my eye is a red spot, and I can see where there are more of these red spots, but with cancer, they are much smaller than even the AIDS virus. Only after I greatly amplified my view could I see them. When these bio-life attack our organs, our organs are afraid. They have to defend themselves. So what can they do? Grow. So the cells quickly split.

If we can find a way to kill these bio-life, we can cure cancer. Until now, I have not found the organism that can kill these bio-life, or at least scare them. Like for example, if there are a lot of mice in your house, you kill them, right? Or we can use a better way—a cat! Right. If we have a cat, we don't need to kill the mice. The cat meows and the mice run away. In this case, I am trying to find where the cat is. I went to the Araster Mountains to meditate. I tried to get some insight, some guidance and wisdom to tell me where this organism is. What kind of organism, or maybe even a smell can scare the bio-life?

One thing we can do is use garlic oil. This is not the final answer, but it is effective. I have found that it does have an effect. Garlic oil can scare the bio-life. Garlic oil can make a patient less acute. Another thing we can do is to improve liver function. This is not to combat the bio-life, but their poison. The bio-life eat our nutrients, and they release poison. That poison can damage our organs. That poison can kill our cells. After we improve liver function, the liver can help to decrease the poison's effect.

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REFERENCES & NOTES

1. Mingtang Xu is a man living in two worlds. He has intensively trained since childhood in the Taoist meditative and mystical arts; he also holds advanced degrees in computer science. He comes from an ancient Shamanic family that has contributed to the founding of Zen Buddhism in China. He is the current Grandmaster of ZY Qigong. His life experience demonstrates a synthesis of Chinese Shamanic practices and modern scientific research.

Mingtang is a man of great depth and kindness and is a generous, inspiring and often funny speaker.

2. Edited by Eric Miller and Karen Fletcher
3. Editor's Note: Mingtang Xu is not a trained physician, but rather is able to "see" disease directly. In his speech, he describes certain medical conditions, as he perceives them in the body. He is unfamiliar with certain medical terminology, thus the names of certain conditions have been added for the benefit of those who would like to do further research.

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